Professor Kenneth Fearon
MB ChB, MD, FRCPS (Glasgow), FRCS (Edinburgh), FRCS (England)
Memorial Cancer Cachexia Symposium

Royal Society of Edinburgh, George Street, Edinburgh UK
6-7 September 2018
PROGRAMME

Thursday 6 September

09.30 – 09.50  Registration and Coffee

09.50 – 10.00  Professor Moira Whyte, Head of the Medical School / Director of MRC Centre for Inflammation Research / Sir John Crofton Professor of Respiratory Medicine, University of Edinburgh, UK: Welcome

Moderator: Professor Mike Tisdale, Professor of Cancer Biochemistry, Aston University, Birmingham, UK

10.00 – 10.30  Mr Richard Skipworth, Honorary Clinical Senior Lecturer in Surgery, University of Edinburgh, UK: Three Decades of Translational Research in Cancer Cachexia

10.30 - 11.20  Professor Denis Guttridge, Director of the Charles P. Darby Children’s Research Institute, Medical University of South Carolina, USA: Pathophysiology of Muscle Wasting: What Patient Data Can Teach

11.20 – 12.10  Professor Vickie Baracos, Professor of Palliative Care, University of Alberta, Canada: Muscle Loss Unveiled: Revelations from Diagnostic Imaging

12.10 - 12.30  Discussion

12.30 - 13.30  LUNCH

13.30 – 14.10  Professor Donald McMillan, Professor of Surgical Science (Medicine), University of Glasgow, UK: Cancer and Inflammation

14.10 – 15.00  Professor Annemie Schols, Professor of Nutrition and Metabolism in Chronic Diseases, Maastricht University, Netherlands: Translation to the Clinic: Translating Basic Research Insights to the Cachectic (Cancer) Patient

15.10 – 15.30  Discussion

15.30 – 15.50  COFFEE
Moderator: Professor Tom Preston, Professor of Stable Isotope Biochemistry, University of Glasgow, UK

15.50 – 16.20  Professor Annemie Schols, Professor of Nutrition and Metabolism in Chronic Diseases, Maastricht University, Netherlands: *Cachexia in Lung Cancer. Lessons Learned from COPD and Vice Versa*

16.20 – 17.00  Professor Olle Ljunqvist, Professor of Surgery, Örebro University, Sweden: *The Road to Enhanced Recovery After Surgery (ERAS)*

17.00 - 17.15  Discussion/Close

19.00  *Professor Kenneth Fearon Memorial Drinks Reception* – Royal College of Surgeons, Edinburgh. All participants are cordially invited to attend.

**Friday 7 September**

09.00 - 09.35  **COFFEE**

*Welcome by moderator:* Dr Anne Voss, Visiting Professor at Food & Nutrition Sciences, University of Alberta, Canada

09.30 – 09.50  Professor Stein Kaasa, Professor of Palliative Medicine at the Institute of Cancer Research and Molecular Medicine, Oslo, Norway and Dr Tora Solheim: *Cancer Cachexia – an Integrated Part of Cancer Care*

09.50 - 10.15  Dr Tora Solheim, Consultant Oncologist, NTNU, Trondheim, Norway and *Background for the MENAC Trials (A Randomised, Open-label Trial of a Multimodal Intervention (Exercise, Nutrition and Anti-inflammatory Medication) Plus Standard Care Versus Standard Care Alone to Prevent/Attenuate Cachexia in Advanced Cancer Patients Undergoing Chemotherapy).* Dr Barry Laird, Senior Lecturer in Palliative Medicine, University of Edinburgh, UK: *Pre MENAC Results and MENAC Status.*

10.15 – 10.30  Dr Anna Lloyd, Research Fellow, St Columba’s Hospice, Edinburgh, UK: *Embedding Qualitative Research in Cachexia Trials*

10.30 – 10.40  Dr Joanna Bowden, Consultant in Palliative Medicine, and Honorary Senior Lecturer, Edinburgh, UK: *Impact of Cachexia on Treatment in Lung Cancer Patients*

10.45 - 11.00  Discussion

**11.00 – 11.20**  **COFFEE**

*Moderator: TBD*

11.20 – 11.35  Dr Anne Voss: *Optimising Nutrition Clinical Trial Design: Lessons Learned*
11.35 – 11.55 Dr Matthew Maddocks, Lecturer and Specialist Physiotherapist, King’s College, London, UK: *What Are the Most Relevant Clinical Assessments for Cachexia*

11.55 – 12.40 FUTURE of CACHEXIA RESEARCH: Three Perspectives
- Professor Denis Guttridge
- Professor Vickie Baracos
- Professor Annemie Schols

12.40 - 13.00 Discussion

13.00 – 13.15 Professor Marie Fallon, St Columba’s Hospice Chair of Palliative Medicine, University of Edinburgh, UK: *Closing Remarks*

Adjournment followed by **LUNCH**

We are very grateful to the following for their support for this symposium: