



THE EUROPEAN  
SOCIETY  
FOR CLINICAL  
NUTRITION  
AND  
METABOLISM

The European Society for  
Clinical Nutrition and Metabolism

6<sup>th</sup> ESPEN Symposium on Perioperative Nutrition  
LLL Course: Nutritional support in the perioperative period

Venue: East Midlands Conference Centre, Nottingham, UK

At the University of Nottingham, Nottingham UK

Director of LLL course: Professor Dileep Lobo

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<b>Sunday 14<sup>th</sup> October 2018</b>		
<b>Time</b>	<b>Topic</b>	<b>Speaker</b>
08:30-08:45 (15 min)	Welcome and introduction	Olle Ljungqvist
08:45-09:15 (25 + 5 min)	Metabolic response to surgical stress	Olle Ljungqvist
09:15-09:45 (25 + 5 min)	Nutritional goals in the perioperative period	Arved Weimann
09:45-10:15 (30 min)	Coffee break	
10:15-10:45 (25 + 5 min)	Managing surgical stress: principles of enhanced recovery and effects on outcomes	Olle Ljungqvist
10:45-11:15 (25 + 5 min)	Making the gut work	Dileep Lobo
11:15-12:00 (45 min)	Clinical Case Discussion	Olle Ljungqvist Arved Weimann Dileep Lobo
12:00-12:30 (20-30 min)	Evaluation test	Olle Ljungqvist Arved Weimann Dileep Lobo

\*Note: The director of LLL course has to be TLLL certified expert. At least two of the speakers should be TLLL certified experts; one of them could also be the chairman. The TLLL teacher have to be current ESPEN members.