

ESPEN



THE EUROPEAN
SOCIETY
FOR CLINICAL
NUTRITION
AND
METABOLISM

6th ESPEN Symposium PERIOPERATIVE NUTRITION

14-15 October 2018

East Midlands Conference Centre
Nottingham, UK



University of
Nottingham
UK | CHINA | MALAYSIA

NDDC
Nottingham Digestive
Diseases Centre



ASGBI
Association of Surgeons of
Great Britain and Ireland



BAPEN
*Putting patients at the centre
of good nutritional care*

6th ESPEN Symposium PERIOPERATIVE NUTRITION

14-15 October 2018

This is a multidisciplinary programme that would be highly suitable for clinicians, scientists, nurses, dieticians and other healthcare professionals who have an interest in perioperative care and nutrition. The symposium aims to cover the scientific bases of clinical practice in this area. The symposium will be preceded by a Lifelong Learning Course in perioperative care. The faculty comprises of international experts in the field. The programme has been endorsed by the Association of Surgeons of Great Britain and Ireland, and the British Association of Parenteral and Enteral Nutrition. This symposium has been awarded 7.5 CME points from ASGBI.



Registration Deadline: 30th September 2018

Organising Committee



Professor Dileep Lobo
Chair ESPEN Scientific
Committee



Professor Arved Weimann
Chair ESPEN Workshop

Faculty

Prof Arved Weimann (DE)

Prof Donald McMillan (UK)

Dr Ketan Dhatariya (UK)

Prof Luca Gianotti (IT)

Prof Marina Panisic (SR)

Prof Michael Hiesmayr (AT)

Prof Nicolaas Deutz (USA)

Prof Olle Ljungqvist (SE)

Prof Paul Greenhaff (UK)

Ralph & Audrey Stockley (UK)

Dr Richard Skipworth (UK)

Prof Stanislaw Klek (PL)

Prof Zeljko Krznaric (HR)

Prof Zeno Stanga (CH)

Ms Dorthe Hjort Jakobsen (DK)

Prof Rocco Barazzoni (IT)

Programme at a glance

Sunday 14th Oct

AM - LLL Course on Perioperative Nutrition

PM – Main Symposium (Part 1) begins with lunch

Evening – Symposium Dinner

Monday 15th Oct

AM – Symposium (Part 2) continues

Lunch and departure

Registration Fees detailed on penultimate page of this booklet

For further information and to register your place, please email

bethany.robinson@nottingham.ac.uk and

emma.bradley@nottingham.ac.uk

Sunday 14 October 2018

0830-1230 LLL Course on Perioperative Nutrition
Arved Weimann, Olle Ljungqvist and Dileep Lobo

1230-1315 Lunch

1320-1430 Session I (Chairs: Rocco Barazzoni and Dileep Lobo)

1320-1330 Introduction and Welcome
Dileep Lobo (UK)

1330-1350 The History of Surgical Nutrition
Marina Panisic (SR)

1350-1410 The Metabolic Response to Immobilisation and Surgical Trauma
Nicolaas Deutz (US)

1410-1430 Nutrition and Surgical Outcome: Lessons from Nutrition Day
Michael Hiesmayr (AT)

1430-1600 Session II (Chairs: Nicolaas Deutz and Zeljko Krznaric)

1430-1500 Nutritional Assessment and Identification of the Patient at Risk
Zeno Stanga (CH)

1500-1530 Preoperative preparation of the patient – Nutrition and Prehabilitation
Arved Weimann (DE)

1530-1600 Peri-operative Glycaemic Management- Is it necessary, and if so, how?
Ketan Dhatariya (UK)

1600-1630 Coffee Break

1630-1800 Session III (Chairs: Luca Gianotti and Arved Weimann)

1630-1700 Fluid Balance and Surgical Outcome
Dileep Lobo (UK)

1700-1730 Postoperative nutrition
Stanislaw Klek (PL)

1730-1800 Enhanced Recovery after Surgery – Is it for all?
Olle Ljungqvist (SE)

1930-late Symposium Dinner
The Senate Chamber, Trent Building, University of Nottingham

Monday 15 October 2018

0900-1100 Session IV (Chairs: Olle Ljungqvist and Zeno Stanga)

- 0900-0930 Inflammation and Surgical Outcome
Donald McMillan (UK)
- 0930-1000 The Role of Novel Nutrients and Substrates
Luca Gianotti (IT)
- 1000-1030 Pre-, Pro- and Synbiotics and the surgical patient
Zeljko Krznaric (HR)
- 1030-1100 The utility of exercise in promoting muscle metabolic recovery in acute and chronic wasting condition
Paul Greenhaff (UK)
- 1100-1130 Coffee Break

1130-1315 Session V (Chairs: Paul Greenhaff and Dileep Lobo)

- 1130-1200 Sarcopenia, Myosteatosis and Cachexia
Richard Skipworth (UK)
- 1200-1220 Patient Partnership
Ralph & Audrey Stockley (UK)
- 1220-1240 Recovery in the community
Dorthe Hjort Jakobsen (DK)
- 1240-1300 Future Directions and Research
Rocco Barazzoni (IT)
- 1300-1315 Closing Remarks
Arved Weimann (DE)
- 1315-1400 Lunch and departure



Symposium Fees

Prices include course materials, refreshments and lunch

Full package: £275*

Delegate registration fees, Symposium Dinner and 1 overnight stay at DeVere Orchard Hotel (Sunday 14th October)

Registration only: £165*

Symposium Dinner only: £60

Senate Chamber, Trent Building, University Park. Sunday 14th October

LLL Workshop only: £40

Sunday 14th October morning session. Maximum 40 delegates capacity.

***ESPEN members will receive a 20% discount**

Accommodation has been reserved for delegates at the De Vere Orchard Hotel as part of the full £275 package for Sunday 14 October. This is on a first come first served basis. Additional accommodation is available at delegate's expense.





Symposium address:

De Vere East Midlands Conference Centre
Beeston Lane
Nottingham
NG7 2RJ

De Vere Orchard Hotel is at the same address, the building next to the De Vere East Midlands Conference Centre

Getting here:

By rail: The closest stations are Beeston Station and Nottingham.

By road: For travel by car, use postcode NG7 2RJ to find the conference centre. Guests are entitled to complimentary car parking.

By air: East Midlands Airport is 14 miles from De Vere East Midlands Conference Centre via the M1 North. There is a regular Skylink Nottingham bus from the airport directed to Broad Marsh Bus Station—minutes from the hotel.

1. Flights to East Midlands Airport (Destinations served)

<https://www.eastmidlandsairport.com/destinations-and-guides/a-z-list-of-destinations/>

2. Flights to Birmingham Airport (Destinations served)

<https://www.justtheflight.co.uk/cheap-flights-from-BHX/>

For more information please visit:

<https://www.phcompany.com/de-vere/east-midlands-conference-centre/>

Symposium Dinner Sunday 14th October

A 3-course meal will be held in the Senate Chamber, Trent Building on the University of Nottingham Campus. This is a short walk from the De Vere Orchard Hotel.



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