March 24th - 26th, 2023
Hotel Holiday Inn, Belgrade, Serbia

15th ACCN Course of Clinical Nutrition

NUTRITION IS HUMAN RIGHT
Dear colleagues and friends,

On behalf of the National Society of Parenteral and Enteral Nutrition – NUPEN Serbia, it is my great pleasure and privilege to welcome You in Belgrade, on the occasion of the 15th Basic Course of Enteral and Parenteral nutrition.

Adriatic Club of Clinical Nutrition recognized the importance and need of nutritional education to health care professionals from countries in region and for regional networking and rapid diffusion and exchange of knowledge and experience as well as its application in the field of clinical nutrition and metabolism. At that time ACCN has decided to organize Basic Course in Clinical Nutrition every year at the territory of these countries. This course is dedicated to the education of young doctors from eastern countries in clinical nutrition and metabolic care, providing them with updated information.

This meeting has been designed to enhance people’s awareness of nutrition and to specifically address the subject of the nutrition with the purpose of combating the ever-expanding “food nihilism” in our hospitals. Nutrition is more than a quantitative coverage of the required units of energy and nitrogen. Nutrition has become a specific form of metabolic intervention. So, let nutrition be a living subject! We are convinced that Your active participation will be precious for the spirit of the forthcoming meeting. I wish all participants of the course in Belgrade a successful meeting and many stimulating exchanges – both challenging and pragmatic.

Belgrade, the capital of Serbia, is expecting You with open arms. We hope that You will leave our city enriched with new knowledge and friendships. We do hope that You will enjoy time spent in Belgrade and return to Your homes will be with lot of pleasant memories.

I wish You a pleasant and fruitful stay in Belgrade.

Sincerely,

Marina Panišić-Šekeljić
President of ACCN
AIMS

Provision of clinically relevant information about nutrition in hospitalized and out-hospital patients and metabolism. Basic course in clinical nutrition and metabolism is developed to improve knowledge about classification of clinical nutrition concepts in various clinical states with adequate implementation of nutritional care in everyday clinical practice.

OFFICIAL LANGUAGE

English

APPLICATION AND PARTICIPANTS

Physicians from various specialties and medical staff (dietitians, nutritionists, pharmacists, nurses) interested in clinical nutrition can apply to participate in the course.
Deadline for application is February 24, 2023.

APPLICATION PROCEDURE

Presidents of the National societies should send us names of 3-4 participants and their contact emails. We will contact them and give them following information regarding application.
Please send e-mail to adriatic2023@gmail.com and office@nupens.org with general information about participants from the National society.

TRAVEL COST AND ACCOMMODATION

The travel cost and accommodation are not covered by ESPEN or local organizer.
Scientific Committee

Prof. dr Željko Krznarić
Prof. dr Darija Vranešić-Bender
Dr sci. pharm. Dina Ljubas Kalečić
Prim. dr Marina Panišić
Doc. dr Mihailo Bezmarević
Prof. dr Kalina Satrdelova
Dr sci. med. Aida Saray
Prof. dr Nada Rotovnik Kozjek
Assist. dr Milena Blaž Kovač
Prof. dr Regina Komsa-Penkova
Prof. dr Pencho Tonchev
Prof. dr Michael Chourdakis
Prof. dr Kalliopi-Anna Poulia
Prof. dr Osman Abbassoglu
Prof. dr Mehmed Uyar
Dr sci. Elina Ioannou
Prof. dr Elena Philippou
Dr sci. med. Peter Tamasi

NUPENS Board / Local Organizing Committee

Prim. dr Marina Panišić-Šekeljić
Doc. dr Mihailo Bezmarević
Prof. dr Ivan Palibrk
Prof. dr Dušica Simić
Dr med. Natalija Vuković
Doc. dr Jelena Veličković
Assist. dr Marija Dukanović
Assist. dr Vladimir Milivojević
Mr. Ljiljan Đaković
Assist. dr Igor Krđžić
Doc. dr Danijela Jovanović
Prof. dr Gordana Jovanović
Dr med. Mila Stošić
Doc. dr Mirjana Stožić

Faculty

Osman Abbassoglu (Turkey)
Rocco Barazzoni (Italy)
Mihailo Bezmarević (Serbia)
Milena Blaž Kovač (Slovenia)
Michael Chourdakis (Greece)
Marija Dukanović (Serbia)
Alastair Forbes (United Kingdom)
Elina Ioannou (Cyprus)
Danijela Jovanović (Serbia)
Gintautas Kekstas (Lithuania)
Stanislaw Klek (Poland)
Regina Komsa (Bulgaria)
Igor Krđžić (Serbia)
Željko Krznarić (Croatia)
Rémy Meier (Switzerland)
Vladimir Milivojević (Serbia)
Ivan Palibrk (Serbia)
Marina Panišić Šekeljić (Serbia)
Kalliopi-Anna Poulia (Greece)
Nada Rotovnik Kozjek (Slovenia)
Aida Saray (Bosnia & Herzegovina)
Stéphane Schneider (France)
Kalina Stardelova (North Macedonia)
Mila Stošić (Serbia)
Kinga Szczepanek (Poland)
Peter Tamasi (Hungary)
Pencho Tonchev (Bulgaria)
Mehmed Uyar (Turkey)
Jelena Veličković (Serbia)
Natalija Vuković (Serbia)
### SCIENTIFIC PROGRAM

**MARCH 24, 2023 | FRIDAY**

**Arrival and accommodation**

**REGISTRATION**

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>16:00 – 17:00</td>
<td><strong>INTRODUCTION</strong></td>
</tr>
<tr>
<td>16:30 – 17:00</td>
<td>Welcome to Basic Course in Clinical Nutrition Marina Panišić-Šekeljić (ACCN)</td>
</tr>
<tr>
<td>17:00 – 17:00</td>
<td>Welcome from ESPEN Rocco Barazzoni (ESPEN)</td>
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<tr>
<td>17:00 – 17:00</td>
<td>Welcome to Belgrade Mihailo Bezmarević (NUPENS)</td>
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<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>17:00 – 19:00</td>
<td><strong>1st SESSION – IMPORTANCE OF CLINICAL NUTRITION</strong> Chair: Marina Panišić-Šekeljić, Rocco Barazzoni, Stéphane Schneider, Rémy Meier</td>
</tr>
<tr>
<td>17:00 – 17:20</td>
<td>Fight against malnutrition Vienna Declaration and Implementation strategy Rocco Barazzoni (Italy)</td>
</tr>
<tr>
<td>17:20 – 17:40</td>
<td>History Highlights of Nutrition Marina Panišić-Šekeljić (Serbia)</td>
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<tr>
<td>17:40 – 18:00</td>
<td>Diagnosis of Malnutrition in the time of GLIM Rémy Meier (Switzerland)</td>
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<tr>
<td>18:00 – 18:20</td>
<td>Is There a Gold Standard for Nutritional Risk Assessment? Kalliopi-Anna Poulia (Greece)</td>
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<tr>
<td>18:20 – 18:40</td>
<td>Nutrition and Physical Activity Nada Rotovnik Kozjek (Slovenia)</td>
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<tr>
<td>18:40 – 19:10</td>
<td>Discussion</td>
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<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>20:00 – 23:00</td>
<td>Dinner for participants (Hotel restaurant) Faculty dinner from 20:00</td>
</tr>
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</table>
MARCH 25, 2023 | SATURDAY

08:30 – 10:20  2nd SESSION – BASICS IN CLINICAL NUTRITION
Chair: Regina Komsa, Natalija Vuković, Marija Dukanović

08:30
Indications, Contraindications and Monitoring of Enteral Nutrition
Aida Saray (Bosnia & Herzegovina)

08:50
Complications of Enteral Nutrition
Kalina Stardelova (N. Macedonia)

09:10
Basics in Parenteral Nutrition
Osman Abbassoglu (Turkey)

09:30
Venous Access and Complications of Parenteral Nutrition
Ivan Palibrk (Serbia)

09:50
Discussion

10:30 – 11:00
Clinical Case 1&2
Aida Saray, Natalija Vuković, Mehmed Uyar, Marija Dukanović, Danijela Jovanović

11:00 – 11:30
Coffee break

11:30 – 14:00  3rd SESSION – NUTRITION AND VARIOUS CLINICAL CONDITIONS
Chair: Stéphane Schneider, Alastair Forbes, Vladimir Milivojević, Mihailo Bezmarević

11:30
Feeding Microbiome
Stéphane Schneider (France)

11:50
Nutrition in Acute Pancreatitis
Rémy Meier (Switzerland)

12:10
Nutrition Support in IBD
Alastair Forbes (UK)

12:30
Nutritional Approach to Abdominal Catastrophes
Stanislaw Klek (Poland)

12:50
Nutrition in Cancer
Alessandro Laviano (Italy)

13:10
Nutrition in Sarcopenia
Jelena Veličković (Serbia)

13:30
Discussion

14:00 – 15:00
Lunch
<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker</th>
<th>Country</th>
</tr>
</thead>
<tbody>
<tr>
<td>15:00</td>
<td>4th Session - Nutrition and Population Health</td>
<td>Elina Ioannou</td>
<td>Cyprus</td>
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<tr>
<td>15:20</td>
<td>Importance to Organize a Nutrition Support Team</td>
<td>Michael Chourdakis</td>
<td>Greece</td>
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<tr>
<td>15:40</td>
<td>Obesity paradox</td>
<td>Milena Blaž Kovač</td>
<td>Slovenia</td>
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<tr>
<td>16:00</td>
<td>Clinical Nutrition in Primary Care</td>
<td>Kinga Szczepanek</td>
<td>Poland</td>
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<tr>
<td>16:20</td>
<td>Nutrition in frailty and older adult</td>
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<tr>
<td>16:50</td>
<td>Discussion</td>
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<tr>
<td>17:30</td>
<td>Coffe break</td>
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<tr>
<td>17:30</td>
<td>5th Session - Nutrition in Critical Illness and Perioperative Period</td>
<td>Mehmed Uyar</td>
<td>Turkey</td>
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<tr>
<td>17:50</td>
<td>Nutrition Support in the Critically Ill</td>
<td>Pencho Tonchev</td>
<td>Bulgaria</td>
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<tr>
<td>18:10</td>
<td>Refeeding Syndrome</td>
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<tr>
<td>18:30</td>
<td>Perioperative Nutrition and ERAS program</td>
<td>Mihailo Bezmarević</td>
<td>Serbia</td>
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<tr>
<td>18:50</td>
<td>Discussion</td>
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<tr>
<td>20:30</td>
<td>Gala Dinner (&quot;Mokum&quot; Restaurant)</td>
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<tr>
<td>Time</td>
<td>Session</td>
<td>Speaker/Location</td>
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<tr>
<td>09:00</td>
<td><strong>Nutrition in Short Bowel Syndrome</strong></td>
<td>Alastair Forbes (UK)</td>
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<tr>
<td>09:30</td>
<td><strong>Nutritional Support Outside the Hospital</strong></td>
<td>Stanislav Klek (Poland)</td>
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<tr>
<td>10:00</td>
<td><strong>CIF and HPN in Adults – Medical Treatment</strong></td>
<td>Stéphane Schneider (France)</td>
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<tr>
<td>10:30</td>
<td><strong>HPN in Hungary</strong></td>
<td>Peter Tamasi (Hungary)</td>
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<tr>
<td>11:00</td>
<td><strong>HPN in Baltic Region</strong></td>
<td>Gintautas Kekstas (Lithuania)</td>
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<tr>
<td>11:15</td>
<td><strong>Discussion</strong></td>
<td></td>
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<tr>
<td>12:00</td>
<td><strong>LLL Global Nutritional Education Programs</strong></td>
<td>Regina Komsa (Bulgaria)</td>
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<tr>
<td>12:00</td>
<td><strong>Test / evaluation and concluding remarks</strong></td>
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*Chair: Marina Panišić-Šekeljić, Michael Chourdakis, Mihailo Bezmarević, Stanislav Klek*
### Life Long Learning Programme - Topic 8 Approach to Oral and Enteral Nutrition in Adults

**Course director:** Marina Panišić-Šekeljić  
**LLL teachers:** Mihailo Bezmarević, Natalija Vuković, Marina Panišić-Šekeljić

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Presenter(s)</th>
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</thead>
<tbody>
<tr>
<td>15:00 – 15:30</td>
<td>Registration</td>
<td></td>
</tr>
<tr>
<td>15:45 – 16:15</td>
<td>Indications, Contraindications, Complications and Monitoring of EN</td>
<td>Mihailo Bezmarević</td>
</tr>
<tr>
<td>16:15 – 16:45</td>
<td>Hospital Diet and Oral Nutritional Supplements (Sip Feeds)</td>
<td>Natalija Vuković</td>
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<tr>
<td>16:45 – 17:15</td>
<td>Techniques of Enteral Nutrition</td>
<td>Marina Panišić-Šekeljić</td>
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<tr>
<td>17:15 – 17:45</td>
<td>Formulae for Enteral Nutrition</td>
<td>Mihailo Bezmarević</td>
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<tr>
<td>17:45 – 18:15</td>
<td>Coffee break</td>
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<tr>
<td>18:15 – 18:30</td>
<td>Clinical case 1: presentation and discussion</td>
<td>Marina Panišić-Šekeljić, Natalija Vuković</td>
</tr>
<tr>
<td>18:30 – 18:45</td>
<td>Clinical case 2: presentation and discussion</td>
<td>Natalija Vuković, Mihailo Bezmarević</td>
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<tr>
<td>18:45 – 19:15</td>
<td>Test</td>
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<tr>
<td>19:15 – 19:30</td>
<td>Test results</td>
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<tr>
<td>19:30 – 19:50</td>
<td>Course evaluation and awarding of diplomas</td>
<td></td>
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</tbody>
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**Note:** LLL course will be conducted in Serbian language with maximum number of 50 participants.

All rooms are air conditioned and equipped with direct phone line, satellite TV, mini bar, radio, safe deposit box, and internet connection 24 hours a day, hair dryer... Smoking and non smoking rooms are available upon request. All extra charges (telephone, minibar etc.) will be charged to your personal account.

Meals: Breakfast buffet will be served in hotel restaurant for all participants every morning from 6:00 to 8:00. Lunch will be served in the restaurant everyday according to program. Dinner will be served in the hotel restaurant on Friday 24th March, from 19:30. On Saturday 25th March, dinner will be organized outside the hotel (dress code – casual); the bus will be in the hotel parking at 20:00h and return from restaurant to hotel will be organized.

Badges: all participants are asked to wear their name badges throughout the course, including all events.

Badge colors: Red – Faculty
Blue – Participants
Yellow– Organizers

Address: Spanskih Boraca 74, Belgrade, 11070 Serbia