March 24th - 26th, 2023

Hotel Holiday Inn, Belgrade, Serbia

15th ACCN Course of Clinical Nutrition

NUTRITION IS HUMAN RIGHT

ACCN ADRIATIC CLUB OF CLINICAL NUTRITION

NUPENS

ESPEN The European Society for Clinical Nutrition and Metabolism

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Dear colleagues and friends,

On a behalf of the National Society of Parenteral and Enteral Nutrition – NUPEN Serbia, it is my great pleasure and privilege to welcome You in Belgrade, on the occasion of the 15th Basic Course of Enteral and Parenteral nutrition.

Adriatic Club of Clinical Nutrition recognized the importance and need of nutritional education to health care professionals from countries in region and for regional networking and rapid diffusion and exchange of knowledge and experience as well as its application in the field of clinical nutrition and metabolism. At that time ACCN has decided to organize Basic Course in Clinical Nutrition every year at the territory of these countries. This course is dedicated to the education of young doctors from eastern countries in clinical nutrition and metabolic care, providing them with updated information.

This meeting has been designed to enhance people's awareness of nutrition and to specifically address the subject of the nutrition with the purpose of combating the ever-expanding "food nihilism" in our hospitals. Nutrition is more than a quantitative coverage of the required units of energy and nitrogen. Nutrition has become a specific form of metabolic intervention. So, let nutrition be a living subject!
We are convinced that Your active participation will be precious for the spirit of the forthcoming meeting. I wish all participants of the course in Belgrade a successful meeting and many stimulating exchanges – both challenging and pragmatic.

Belgrade, the capital of Serbia, is expecting You with open arms. We hope that You will leave our city enriched with new knowledge and friendships.
We do hope that You will enjoy time spent in Belgrade and return to Your homes will be with lot of pleasant memories.

I wish You a pleasant and fruitful stay in Belgrade.

Sincerely,

Marina Panišić-Šekeljić
President of ACCN

AIMS

Provision of clinically relevant information about nutrition in hospitalized and out-hospital patients and metabolism. Basic course in clinical nutrition and metabolism is developed to improve knowledge about classification of clinical nutrition concepts in various clinical states with adequate implementation of nutritional care in everyday clinical practice.

OFFICIAL LANGUAGE

English

APPLICATION AND PARTICIPANTS

Physicians from various specialties and medical staff (dietitians, nutritionists, pharmacists, nurses) interested in clinical nutrition can apply to participate in the course.
Deadline for application is February 24, 2023.

APPLICATION PROCEDURE

Presidents of the National societies should send us names of 3-4 participants and their contact emails.
We will contact them and give them following information regarding application.
Please send e-mail to adriatic2023@gmail.com and office@nupens.org with general information about participants from the National society

TRAVEL COST AND ACCOMMODATION

The travel cost and accommodation are not covered by ESPEN or local organizer.

Scientific Committee

Prof. dr Željko Krznarić
Prof. dr Darija Vranešić-Bender
Dr sci. pharm. Dina Ljubas Kalečić
Prim. dr Marina Panišić
Doc. dr Mihailo Bezmarević
Prof. dr Kalina Satrdelova
Dr sci. med. Aida Saray
Prof. dr Nada Rotovnik Kozjek
Assist. dr Milena Blaž Kovač
Prof. dr Regina Komsa-Penkova
Prof. dr Pencho Tonchev
Prof. dr Michael Chourdakis
Prof. dr Kalliopi-Anna Poulia
Prof. dr Osman Abbassoglu
Prof. dr Mehmed Uyar
Dr sci. Elina Ioannou
Prof. dr Elena Philippou
Dr sci. med. Peter Tamasi

NUPENS Board / Local Organizing Committee

Prim. dr Marina Panišić-Šekeljić
Doc. dr Mihailo Bezmarević
Prof. dr Ivan Palibrk
Prof. dr Dušica Simić
Dr med. Natalija Vuković
Doc. dr Jelena Veličković
Assist. dr Marija Đukanović
Assist. dr Vladimir Milivojević
Mr. Ljiljan Đaković
Assist. dr Igor Krdžić
Doc. dr Danijela Jovanović
Prof. dr Gordana Jovanović
Dr med. Mila Stošić
Doc. dr Mirjana Stojšić

Faculty

Osman Abbassoglu *(Turkey)*
Rocco Barazzoni *(Italy)*
Mihailo Bezmarević *(Serbia)*
Milena Blaž Kovač *(Slovenia)*
Michael Chourdakis *(Greece)*
Marija Đukanović *(Serbia)*
Alastair Forbes *(United Kingdom)*
Elina Ioannou *(Cyprus)*
Danijela Jovanović *(Serbia)*
Gintautas Kekstas *(Lithuania)*
Stanislaw Klek *(Poland)*
Regina Komsa *(Bulgaria)*
Igor Krdžić *(Serbia)*
Željko Krznarić *(Croatia)*
Rémy Meier *(Switzerland)*
Vladimir Milivojević *(Serbia)*
Ivan Palibrk *(Serbia)*
Marina Panišić Šekeljić *(Serbia)*
Kalliopi-Anna Poulia *(Greece)*
Nada Rotovnik Kozjek *(Slovenia)*
Aida Saray *(Bosnia & Herzegovina)*
Stéphane Schneider *(France)*
Kalina Stardelova *(North Macedonia)*
Mila Stošić *(Serbia)*
Kinga Szczepanek *(Poland)*
Peter Tamasi *(Hungary)*
Pencho Tonchev *(Bulgaria)*
Mehmed Uyar *(Turkey)*
Jelena Veličković *(Serbia)*
Natalija Vuković *(Serbia)*

SCIENTIFIC PROGRAM

MARCH 24, 2023 | FRIDAY

	Arrival and accommodation	
16:00 – 17:00	**REGISTRATION**	
16:30 – 17:00	**INTRODUCTION**	
	Welcome to Basic Course in Clinical Nutrition	Marina Panišić-Šekeljić (ACCN)
	Welcome from ESPEN	Rocco Barazzoni (ESPEN)
	Welcome to Belgrade	Mihailo Bezmarević (NUPENS)

17:00 – 19:00	**1st SESSION – IMPORTANCE OF CLINICAL NUTRITION** ***Chair:*** *Marina Panišić-Šekeljić, Rocco Barazzoni, Stéphane Schneider, Rémy Meier*	
17:00 – 17:20	Fight against malnutrition - Vienna Declaration and Implementation strategy -	Rocco Barazzoni (Italy)
17:20 – 17:40	History Highlights of Nutrition	Marina Panišić-Šekeljić (Serbia)
17:40 – 18:00	Diagnosis of Malnutrition in the time of GLIM	Rémy Meier (Switzerland)
18:00 – 18:20	Is There a Gold Standard for Nutritional Risk Assessment?	Kalliopi-Anna Poulia (Greece)
18:20 – 18:40	Nutrition and Physical Activity	Nada Rotovnik Kozjek (Slovenia)
18:40 – 19:10	Discussion	

20:00 – 23:00	Dinner for participants (Hotel restaurant) Faculty dinner from 20:00

MARCH 25, 2023 | SATURDAY

08:30 – 10:20	**2nd SESSION – BASICS IN CLINICAL NUTRITION** ***Chair:*** *Regina Komsa, Natalija Vuković, Marija Đukanović*	
08:30 – 08:50	Indications, Contraindications and Monitoring of Enteral Nutrition	Aida Saray (Bosnia & Herzegovina)
08:50 – 09:10	Complications of Enteral Nutrition	Kalina Stardelova (N. Macedonia)
09:10 – 09:30	Basics in Parenteral Nutrition	Osman Abbassoglu (Turkey)
09:30 – 09:50	Venous Access and Complications of Parenteral Nutrition	Ivan Palibrk (Serbia)
09:50 – 10:30	Discussion	
10:30 – 11:00	Clinical Case 1&2	Aida Saray, Natalija Vuković, Mehmed Uyar, Marija Đukanović, Danijela Jovanović
11:00 – 11:30	Coffee break	

11:30 – 14:00	**3rd SESSION – NUTRITION AND VARIOUS CLINICAL CONDITIONS** ***Chair:*** *Stéphane Schneider, Alastair Forbes, Vladimir Milivojević, Mihailo Bezmarević*	
11:30 – 11:50	Feeding Microbiome	Stéphane Schneider (France)
11:50 – 12:10	Nutrition in Acute Pancreatitis	Rémy Meier (Switzerland)
12.10 – 12:30	Nutrition Support in IBD	Alastair Forbes (UK)
12:30 – 12:50	Nutritional Approach to Abdominal Catastrophes	Stanislaw Klek (Poland)
12:50 – 13:10	Nutrition in Cancer	Alessandro Laviano (Italy)
13:10 – 13:30	Nutrition in Sarcopenia	Jelena Veličković (Serbia)
13:30 – 14:00	Discussion	
14.00 – 15:00	Lunch	

15:00 – 17:00	**4th SESSION – NUTRITION AND POPULATION HEALTH** ***Chair:*** *Osman Abbassoglu, Peter Tamasi, Ivan Palibrk, Mila Stošić*	
15:00 – 15:20	Importance to Organize a Nutrition Support Team	Elina Ioannou (Cyprus)
15:20 – 15:40	Obesity paradox	Michael Chourdakis (Greece)
15:40 – 16:00	Clinical Nutrition in Primary Care	Milena Blaž Kovač (Slovenia)
16:00 – 16:20	Nutrition in frailty and older adult	Kinga Szczepanek (Poland)
16:20 – 16:50	Discussion	
16:50 – 17:30	Coffe break	

17:30 – 18:50	**5th SESSION – NUTRITION IN CRITICAL ILLNESS AND PERIOPERATIVE PERIOD** ***Chair:*** *Gintautas Kekstas, Kalliopi-Anna Poulia, Danijela Jovanović, Igor Krdžić*	
17:30 – 17:50	Nutrition Support in the Critically Ill	Mehmed Uyar (Turkey)
17:50 – 18:10	Refeeding Syndrome	Pencho Tonchev (Bulgaria)
18:10 – 18:30	Perioperative Nutrition and ERAS program	Mihailo Bezmarević (Serbia)
18:30 – 18:50	Discussion	

20:30 – 01:30	Gala Dinner (“Mokum” Restaurant)

MARCH 26, 2023 | SUNDAY

09:00 – 12:00	**6th SESSION – CHRONIC INTESTINAL FAILURE (CIF) AND HOME PARENTERAL NUTRITION (HPN)** ***Chair:*** *Marina Panišić-Šekeljić, Michael Chourdakis, Mihailo Bezmarević, Stanislav Klek*	
09:00 – 09:30	Nutrition in Short Bowel Syndrome	Alastair Forbes (UK)
09:30 – 10:00	Nutritional Support Outside the Hospital	Stanislav Klek (Poland)
10:30 – 11:00	CIF and HPN in Adults – Medical Treatment	Stéphane Schneider (France)
11:00 – 11.15	HPN in Hungary	Peter Tamasi (Hungary)
11:15 – 11:30	HPN in Baltic Region	Gintautas Kekstas (Lithuania)
11:00 – 11:30	Discussion	
11:30 – 12:00	LLL Global Nutritional Education Programs	Regina Komsa (Bulgaria)
12:00 – 13:00	Test / evaluation and concluding remarks	

MARCH 26, 2023 | SUNDAY

15:00 – 20:00	**LIFE LONG LEARNING PROGRAMME - TOPIC 8 APPROACH TO ORAL AND ENTERAL NUTRITION IN ADULTS** ***Course director:*** *Marina Panišić-Šekeljić* ***LLL teachers:*** *Mihailo Bezmarević, Natalija Vuković, Marina Panišić-Šekeljić*	
15:00 – 15:30	Registration	
15:30 – 15:45	Introduction	Marina Panišić-Šekeljić
15:45 – 16:15	Indications, Contraindications, Complications and Monitoring of EN	Mihailo Bezmarević
16:15 – 16:45	Hospital Diet and Oral Nutritional Supplements (Sip Feeds)	Natalija Vuković
16:45 – 17:15	Techniques of Enteral Nutrition	Marina Panišić-Šekeljić
17:15 – 17:45	Formulae for Enteral Nutrition	Mihailo Bezmarević
17:45 – 18:15	Coffe break	
18:15 – 18:30	Clinical case 1: presentation and discussion	Marina Panišić-Šekeljić, Natalija Vuković
18:30 – 18:45	Clinical case 2: presentation and discussion	Natalija Vuković, Mihailo Bezmarević
18:45 – 19:15	Test	
19:15 – 19:30	Test results	
19:30 – 20:00	Course evaluation and awarding of diplomas	

Note: LLL course will be conduct in Serbian language with maximum number of 50 participants

GENERAL INFORMATION

Accommodation: 4 stars hotel – Holiday Inn****, Belgrade (https://www.ihg.com/holidayinn/hotels/gb/en/belgrade/begbg/hoteldetail?cm_mmc=GoogleMaps-_-HI-_-RS-_-BEGBG)

All rooms are air conditioned and equipped with direct phone line, satellite TV, mini bar, radio, safe deposit box, and internet connection 24 hours a day, hair dryer... Smoking and non smoking rooms are available upon request. All extra charges (telephone, minibar etc.) will be charged to your personal account.

Meals: *Breakfast* buffet will be served in hotel restaurant for all participants every morning from 6:00 to 8:00.
Lunch will be served in the restaurant everyday according to program.
Dinner will be served in the hotel restaurant on Friday 24th March, from 19:30.
On Saturday 25th March, dinner will be organized outside the hotel (dress code – casual); the bus will be in the hotel parking at 20:00h and return from restaurant to hotel will be organized

Badges: all participants are asked to wear their name badges throughout the course, including all events.

Badge colors: Red – Faculty
Blue – Participants
Yellow– Organizers

Address: Spanskih Boraca 74, Belgrade, 11070 Serbia